

Packing List

Clothing

- 12 Shirts
- 8 Pairs of Shorts
- 2 Pairs of Long Pants
- 1 Long Sleeve T-Shirt
- 1 Jacket/Sweatshirt
- 2 Pairs of Pajamas
- 14 Pairs of Socks
- 14 Pairs of Underwear
- 2 Swimsuits (1 x Goggles)
- 1 Nice Outfit for Special Dinner

Toiletries

- 2 Towels
- 1 Toothbrush and Toothpaste
- 1 Comb/Brush
- Feminine Hygiene Products (if needed)
- Pull Ups (if needed)

Additional

- 5-10 Stamps, Envelopes and Stationary

Bedding

- 1 Pillow and Pillowcase
- Comforter/Blanket

Footwear

- 1-2 Pairs of Sneakers
- 1 Pair of Flip Flops

Medication

- All medication in a labeled bag to be given to the nurse. All medication, vitamins, supplements, natural remedies will need to be in original packaging with doctor orders.





NORTH SHORE HOLIDAY HOUSE

Since 1914

Packing List Session 4-5

Clothing

- 5 Shirts
- 3-5 Pairs of Shorts
- 1 Pair of Long Pants
- 1 Long Sleeve T-Shirt
- 1 Jacket/Sweatshirt
- 1 Pair of Pajamas
- 5 Pairs of Socks
- 10 Pairs of Underwear
- 1-2 Swimsuits (1 x Goggles)
- 1 Nice Outfit for Special Dinner

Toiletries

- 1 Towel
- 1 Toothbrush and Toothpaste
- 1 Comb/Brush
- Feminine Hygiene Products (if needed)
- Pull Ups (if needed)

Additional

- 5 Stamps, Envelopes and Stationary

Bedding

- 1 Pillow and Pillowcase
- Comforter/Blanket

Footwear

- 1 Pair of Sneakers
- 1 Pair of Flip Flops

Medication

- All medication in a labeled bag to be given to the nurse. All medication, vitamins, supplements, natural remedies will need to be in original packaging with doctor orders.



Kindly note, we do not provide a laundry service.